

2007-2008 Data

Activity	Current Team Min. Lost	Current Individual Min. Lost	Individual Core Min. Lost	# of school days affected	Current Teacher / Coach min. lost	Individual Min. Lost w/ 2:55 end time	Core time lost w/ a 2:55 end time	Individual Min. Lost w/ 8:50 start time
<b>Fall Season</b>								
8 <sup>th</sup> Football	11700 min.	195 min.	95 min.	5	585 min.	95 min.	55 min.	295 min.
7 <sup>th</sup> Football HW	11700 min.	195 min.	95 min.	5	195 min. (1)	95 min.	35 min.	295 min.
7 <sup>th</sup> Football LW	11700 min.	195 min.	95 min.	5	195 min. (1)	95 min.	55 min.	295 min.
8 <sup>th</sup> Volleyball	13230 min.	315 min.	135 min.	9	600 min.	135 min.	55 min.	495 min.
7 <sup>th</sup> Volleyball	18000 min.	300 min.	120 min.	9	480 min.	120 min.	20 min.	480 min.
Girls Soccer (7 <sup>th</sup> -8 <sup>th</sup> )	8775 min.	195 min.	75 min.	6	195 min. (1)	75 min.	20 min.	315 min.
*Boys Tennis (7 <sup>th</sup> -8 <sup>th</sup> )	3480 min.	435 min.	255 min.	9	435 min.	255 min.	75 min.	615 min.
Boys Cross Country	10500 min.	420 min.	300 min.	6	840 min.	300 min.	155 min.^	540 min.
Girls Cross Country	4125 min.	375 min.	255 min.	6	650 min.	255 min.	155 min.^	495 min.
<b>Winter Season</b>								
8 <sup>th</sup> Boys Basketball	17325 min.	305 min.	145 min.	9	630 min.	145 min.	65 min.	429 min.
7 <sup>th</sup> Boys Basketball	14850 min.	270 min.	110 min.	8	540 min.	110 min.	30 min.	430 min.
8 <sup>th</sup> Girls Basketball	14250 min.	285 min.	105 min.	9	570 min.	105 min.	50 min.	465 min.
7 <sup>th</sup> Girls Basketball	15750 min.	315 min.	135 min.	9	315 min. (1)	135 min.	55 min.	495 min.
Wrestling (7 <sup>th</sup> -8 <sup>th</sup> )	12000 min.	300 min.	120 min.	9	585 min.	120 min.	20 min.	480 min.
<b>Spring Season</b>								
Boys Soccer (7 <sup>th</sup> -8 <sup>th</sup> )	11310 min.	195 min.	55 min.	6	390 min.	55 min.	25 min.	335 min.
*Girls Tennis (7 <sup>th</sup> -8 <sup>th</sup> )	9660 min.	275 min.	95 min.	9	285 min.	95 min.	15 min.	455 min.
Girls Track (7 <sup>th</sup> -8 <sup>th</sup> )	30600 min.	255 min.	115 min.	7	510 min.	115 min.	55 min.	395 min.
Boys Track (7 <sup>th</sup> -8 <sup>th</sup> )	22950 min.	255 min.	115 min.	7	510 min.	115 min.	55 min.	395 min.

\*Tennis is difficult to calculate individually because for every meet part of the team travels and part of the team stays home. So the calculations are based off of half of the participants traveling throughout the season.

(1) This signifies that only 1 teacher/coach is missing time from the classroom. This is due to some of our coaches being paraprofessionals and/or outside certifies adults.

^ Cross Country loses longer amounts of core instruction time due to the length of trips that they are taking to compete.

**Things to Consider:**

With a start time of approximately 8:10 and an end time of 2:55 we would gain a minimum of 20 minutes of class time back per individual for each event attended. If the middle school were to start at 8:50 and end approximately at 3:40 we would add 20 minutes to every event per individual participating. This difference between starting earlier or later is actually a decision that will impact 40 minutes of instructional time.

A 7<sup>th</sup> grade girl who participates in volleyball, basketball, and track would miss 870 minutes of school throughout the year. This would constitute 25 school days, which would cause 14% of the school year to be affected by 15-60 minutes of time lost from the classroom. A 7<sup>th</sup> grade boy who participates in football, basketball, wrestling, and track would miss 1020 minutes of school throughout the year. This would constitute 29 school days, which is 16% of the school year.

If the end time moved forward by 20 minutes there would be approximately a 50+ percent decrease in class time lost by individual students. The only events that would still cause losses of time would be the longer trips to Linn Mar and Iowa City, but that amount of time would be significantly reduced.

In most cases it isn't just the time that is missed but the frequency the students are missing a particular class over a short time span. On average our middle school game schedule spans about a one month, so missing multiple days within that time can have a substantial impact and miss skills or lessons that may build upon one another. For example there are 20 school days once games begin during the girls volleyball season if an athlete plays in all 9 games that season they would have 45% of the school days affected during that period of time. A boy out for wrestling would have 9 out of 23 school days affected during that season.

If your child is not out for a sport, but they have a teacher/coach in their last period class or as their A/A teacher they will have 5 – 9 school days affected during each season they coach. Many of our teacher / coaches coach multiple sports at a variety of levels ranging from middle school to high school. For example one of our teacher/coaches coached 8<sup>th</sup> grade football, 7<sup>th</sup> grade boys basketball, and 7<sup>th</sup> grade girls basketball last year. He had 23 school days affected by him having to leave early to coach. Even though we try to limit lost time as much as possible this is a definite draw back to our current after school sports schedule in relationship to our current dismissal time. This affects the teacher, athlete, and the students that remain in the class.

Why we believe that A/A is important and that it is instructional time lost. This time develops relationships between the adults and the students. A small learning community is established where teachers can help keep track of grades, help with organization, provide additional instructional, have class meetings to discuss tough topics, time to prepare for student led conferences, provides a vehicle to communicate important information, personal recognition, assist the students in registering for high school courses and working on their goal plan. This is time becomes more and more important as we continue to grow because A/A provides students with a time that somebody knows who I am and something about me.

Please contact me with any additional questions or if you would like more information.  
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Thanks,  
Nick Proud