Dear Prairie Volunteers,

Studies have shown how giving of one's time benefits the volunteer emotionally and mentally but a recent study from Carnegie Mellon University indicates that there are physical benefits as well including lowering blood pressure and a creating a longer lifespan. We are willing to do whatever we can to help you improve the quality of your life by offering volunteer experiences at College Community Schools. Check out the opportunities below.

Help Wanted at College Community Schools!

**PRAIRIE - ALL SCHOOLS**
Our libraries would love your help this school year. Help by processing materials, checking books in and out, organizing, reshelving books, etc. If you can help, please contact Kathy Waychoff at kwaychoff@crprairie.org or at 848-5224.

**PRAIRIE - HEIGHTS, VIEW, CREEK, POINT, HIGH SCHOOL**
The ELL (English Language Learner) team is looking for volunteers to help our ELL students during the school day - any day,
2013-14
2360 Registered Volunteers
1040 Active Volunteers
20,268 Reported hours

Register to Volunteer

If you have not completed the 2015-16 Volunteer Registration form, now is the perfect time to get that done. Please go to www.prairiepride.org, click on Community and then on Volunteer. Complete the Volunteer Registration Form and submit it. Then you are good to go for the entire school year. This form must be completed by anyone who volunteers at any of the schools in the College Community School District. This includes those who wish to accompany their child on a field trip.

Help in our Community!

DONATE YOUR OLD EYE GLASSES AND CELL PHONES
Please send us your old eye glasses and cell phones! You can drop them off at your child's school office.
Your old cell phone will be taken any time, and any subject area. It is not necessary that you know any additional languages to help our students work on their English skills. For more information, please contact ELL Teachers Amy Miner at aminer@crprairie.org or Renee Levi at rlevi@crprairie.org.

PRAIRIE CREST ELEMENTARY
Be our guest, have lunch on us, and help reinforce the great things that are happening at Prairie Crest! Candlelight Lunch happens once per month on Fridays from 11:00 to 12:30. Selected students have lunch with the Guidance Counselor and a guest (YOU) to celebrate their good deeds. Available dates are Oct 16, Nov 20, Dec 18, Jan 29, Feb 19, March 11, April 29 and May 20. If you can be our guest, please contact Kathy Waychoff at 848-5224 or kwaychoff@crprairie.org.

PRAIRIE HILL ELEMENTARY
The Kindergarten Teaching Team is looking for volunteers who can make a commitment to help with reading groups on Mondays and/or Tuesdays from 9:20 to 10:30. If you can help, please contact Kindergarten Teacher Natasha Kauten at nkauten@crprairie.org.

Prairie Hill 1st grade teacher, Heather McMahill, would welcome weekly help with Math Centers. Your help is needed on Tuesdays from 10:35-11:35. If you can help, please contact Heather McMahill at hmcmahill@crprairie.org.

PRAIRIE VIEW ELEMENTARY
Prairie View PTO will be hosting the annual Fall Ball on November 6th. Your help is needed from 6:00-8:00pm. Please contact Anne Wear at annnewear@crprairie.org to sign up to help.

PRAIRIE CREEK INTERMEDIATE
Enthusiastic readers are needed to read with 5th and 6th grade students once or twice per week. Available times are 8:00-8:30, 9:00-9:30 or 1:00-1:30. If you can help, please contact Michelle Anderson, 6th grade Literacy teacher at mianderson@crprairie.org.

PRAIRIE POINT
Share your time and talents with the 8th grade Family and Consumer Classes during Food & Nutrition labs as well as during sewing projects. For more information, please contact FACS Teacher, Julie Leytem at jleytem@crprairie.org.

**PRAIRIE HIGH SCHOOL**
On Saturday, October 24th, Prairie High School will host the 16th Annual "Stack the Stands Dance Competition". It takes a lot of volunteers to make this event a success. Check out the volunteer opportunities and sign up at [www.stackthestands.com](http://www.stackthestands.com) and click on the volunteer tab.

**Help our schools from home! It's easy!**

Send in the labels or receipts from the following programs and our school receives funds that help support our programs for students.

- **Prairie Crest** - Target for Education, Box Tops for Education, Labels for Education, Hy-Vee Receipts, Tyson A+ Projects, Pop Tabs
- **Prairie Heights** - Hy-Vee Receipts, Labels for Education, Box Tops for Education, Pop Tabs, Tyson A+ Project
- **Prairie Hill** - Box Tops for Education, Hy-Vee Receipts, Target for Education, Labels for Education, Tyson A+ Projects.
- **Prairie Ridge** - Box Tops for Education, Hy Vee Receipts, Pop Tabs
- **Prairie View** - Hy Vee Receipts, Labels for Education, Box Tops for Education, Pop Tabs, Tyson A+ Project - Box Tops for Education, Labels for Education, Target for Education, Hy Vee Receipts, Pop tabs
- **Prairie Creek** - Box Tops for Education, Hy Vee Receipts, Target for Education
- **Prairie Point** - Box tops for Education, Hy Vee Receipts, Target for Education
- **Prairie High School** - Hy Vee Receipts, Target for Education
- **Prairie Edge** - Labels for Education, Box Tops for Education

If your child’s building does not participate in a program, send your labels or receipts to Kathy Waychoff, College Community Schools, 401 76th Avenue SW, Cedar Rapids IA 52404, and they will be divided between the participating schools.

Thank you for sharing your time and talents with Prairie Students!

Kathy Waychoff
District Volunteer Coordinator