

# HEALTH REQUIREMENTS

## **IMMUNIZATION REQUIREMENTS**

Iowa State Code and College Community School District policy requires that any student enrolled in school must have proof of immunization status being up to date.

If your child does not have insurance for immunizations, you may call the Linn County Health Department for an appointment. (892-6000). See Board Policy 504.2  
[http://www.prairiepride.org/board/policies/500/504\\_02.pdf](http://www.prairiepride.org/board/policies/500/504_02.pdf)

## **Foreign Exchange Student Health Requirements**

Iowa State Code and College Community School District policy requires that any student enrolled in school must have proof of immunization status being up to date.

If your child does not have insurance for immunizations, you may call the Linn County Health Department for an appointment. (892-6000). See Board Policy 504.2  
[http://www.prairiepride.org/board/policies/500/504\\_02.pdf](http://www.prairiepride.org/board/policies/500/504_02.pdf)

## **LEAD REQUIREMENTS**

The Iowa legislature law requires all Iowa children to have proof of a blood level test before starting kindergarten. Please contact your physician or the Linn County Health Department to ensure that your child has had lead testing completed.

## **DENTAL SCREENING-Preschool, Kindergarten & 9<sup>th</sup> grade**

The Iowa legislature law requires all children newly enrolling in an Iowa elementary (preschool, kindergarten) or high school (9<sup>th</sup> Grade) to have a dental screening per a licensed dentist, dental hygienist, physician, nurse, advanced registered nurse practitioner, or physician assistant. A Certificate of Dental Screening Form, signed by the dentist or screener, must be on file at the school office.

## **VISION SCREENING:**

The Iowa Legislature law states a parent or guardian of a child who is to be enrolled in a public or accredited nonpublic elementary school shall ensure the child is screened for vision impairment at least once before enrollment in **Kindergarten and again before enrollment in the 3rd grade**. To be valid, the vision screening shall be performed no earlier than one year prior to the date of enrollment and no later than six months after the date of child's enrollment into both Kindergarten and third grade. A Certificate of Vision Screening Form, signed by the physician or eye care professional, must be on file at the school office.

## **PHYSICAL REQUIREMENTS:**

Physical exams are recommended entering grades K, 2, 5, 7, 9, 11 and are required yearly for athletic participation.

## **Sports Physicals:**

Physical exams are required by the state of Iowa yearly for athletic participation. A current physical (within the last 12 months) must be on file in the Activities Office before participation is allowed. Each year the High School offers sports physicals on campus during registration. Information regarding date, time, location and fee for campus sports physicals will be announced each summer.

**Concussion Statement:**

By Iowa law 7<sup>th</sup>-12<sup>th</sup> grade students participating in extracurricular interscholastic activities will be required to have a signed Concussion Fact Sheet on file in the Activities office prior to their 1<sup>st</sup> official practice for school sports, including cheerleading and dance.

**PERIODIC SCREENINGS:****Hearing Screening**

Routine hearing screening per the Grant Wood AEA is performed for students in grades ECSE, Alternative kindergarten, K, 1, 2, 5. Students in other grades may be tested if there is a known history of ear problems or if the student is new to the school. Parents/guardians who do not want their child's hearing tested will need to indicate in writing to the school each year that they do not want this service.

**Vision**

No routine vision screening is performed within the school setting.

**Dental Screening - Preschool, Kindergarten & 9<sup>th</sup> grade**

The Iowa legislature law requires all children newly enrolling in an Iowa elementary (preschool, kindergarten) or high school (9<sup>th</sup> Grade) to have a dental screening per a licensed dentist, dental hygienist, physician, nurse, advanced registered nurse practitioner, or physician assistant. A Certificate of Dental Screening Form, signed by the dentist or screener, must be on file at the school office.

For students entering preschool and kindergarten, the dental screening can be done between the ages of 3-6.

For students entering 9<sup>th</sup> grade, the dental screening must occur within the previous year of enrollment.

**HEALTH FORMS:**

Refer to the district website [www.prairiepride.org](http://www.prairiepride.org) for any health forms you may need.

- Asthma Action Plan
- Allergy Action Plan
- Concussion Form
- Consent to carry own inhaler
- Dental Certificate
- Medication Permission Form
- Physical Form
- Seizure Action Plan

**New Medication Policy Effective 2012-2013 School Year.**

ADMINISTRATION OF MEDICATION TO STUDENTS Board Policy 504.3

Some students may need prescription and nonprescription medication to participate in their educational program.

Medication shall be administered when the student's parent or guardian (hereafter

"parent") provides a signed and dated written statement requesting medication administration and the medication is in the original, labeled container, either as dispensed or in the manufacturer's container. With parental/guardian permission, the following over the counter medications may be given to a student as needed; Tylenol per label directions, Tums (10th-12th grades only), Cepacol lozenges (7th-12th grade only), throat spray, and Benadryl cream and/or Benadryl orally per label directions for severe allergic reaction. All other over the counter medications require a written doctor's order, a medication permission form signed by parent/guardian, and the parent/guardian must supply the medication to the nurse's office in the original labeled container. Natural remedies and supplements, if needed, should be administered at home, and not in the school setting. After multiple student requests and administrations of Tylenol, communication with the parent/guardian may occur for follow-up. A legal prescriber's\* signature will then be required for further administrations for the remainder of the school year. When administration of the medication requires ongoing professional health judgment, an individual health plan shall be developed by the licensed health personnel with the student and the student's parent.

Students who have demonstrated competence in administering their own medications may self-administer their medication. A written statement by the student's parent shall be on file requesting co-administration of medication, when competence has been demonstrated. By law, students with asthma or other airway constricting diseases may self-administer their medication upon approval of their parents and prescribing physician regardless of competency.

By law, CCSD cannot supply Albuterol, Epipen, Glucagon, or other prescription medications for general emergency use. Parents/guardians of students with asthma, diabetes, or those who are at risk for potentially life-threatening allergic reactions must supply these medications as prescribed by their legal prescriber\*.

Persons administering medication shall include the licensed registered nurse, parent, Physician, and persons who have successfully completed a medication administration course reviewed by the Board of Pharmacy Examiners. A medication administration course and periodic update shall be conducted by a registered nurse or licensed pharmacist and a record of course completion kept on file at the agency.

A written medication administration record shall be on file including:

- Date;
- Student's name;
- Prescriber or person authorizing administration;
- Medication;
- Medication dosage;
- Administration time;
- Administration method;
- Signature and title of the person administering medication; and
- Any unusual circumstances, actions, or omissions.

Medication shall be stored in a secured area unless an alternate provision is documented.

Emergency protocols for medication-related reactions shall be posted. Medication information shall be confidential information.

*\*Legal Prescriber—Physician, dentist, podiatrist, licensed physical assistant, advanced registered nurse practitioner.*

July 26, 2017